



大雪山国立公園

Daisetsuzan National Park

大雪高原温泉 沼めぐり登山コース

Daisetsu Kogen Onsen Numa-meguri Hiking Trail



The trailhead is inside the Brown Bear Information Center

National Parks of Japan



Issued by: Hokkaido Regional Environment Office, Ministry of the Environment
Produced in March 2023

Time Regulations

Hikers must return to the Brown Bear Information Center **by 15:00.**

Hiking time
7:00~13:00

The final leaving time

Kogen-numa 13:00
Midori-numa 14:00

Hikers need taking a lecture before hiking and obey the Center staff's instruction the final leaving time in every each place.

Please use Mobile toilet bags

There are no toilets along the route. There are two booths for using mobile toilet bags at Midori-numa Pond and Ezo-numa Pond :please use mobile toilet bags there.

There is a Collection box for mobile toilet bags next to the Brown Bear Information Center.



Booth for using mobile toilet bags

Please eat at the designated space

Hikers can eat only at Midori-numa Pond .Daigaku-numa Pond and Kougen-numa Pond.

Hikers can not cook and boil water with cookers, stoves. Because the smell may attract brown bears. Thank you for your cooperation.



Boiling water



Cooking



Cup noodles

Rules Regarding the Mountains and Bears



When in the mountains, precautions should be taken to avoid encountering bears. If you were to encounter a bear, the first thing to remember is don't panic! There are no definitive measures. Please assess the situation and act accordingly.



Do not step over the rope



Do not litter



Make a noise



Only eat in designated areas



Don't panic



If the use of drones is necessary for surveys, research or other such projects, an application must be made to the Hokkaido Regional Forest Office. Conditions of use may differ according to bear sightings; please check with Center staff.

No drones



Do not approach bears



Retreat slowly